PE Curriculum Statement

At Moorsway Federation we believe every child has the right to access a broad and varied curriculum which is delivered in an enthusiastic and stimulating way. Our ambition is that every child leaves school with a positive impression of Physical Education and Sport leading to a healthy and active lifestyle.

Intent:

Through the teaching of Physical Education across the Moorsway Federation, and the range of sport clubs and opportunities that we offer, we aim to develop the children's processes of confidence, competence, communication, collaboration and general wellbeing. The ultimate goal of which is to enable the children to make informed choices about physical activity throughout their lives and to promote physical positive attitudes towards hygiene, fitness and health. We provide children with exposure to a variety of different sporting disciplines, including swimming, dance, gymnastics, a wide range of racket sports, athletics, invasion games and outdoor adventurous activities. We intend to provide the children with opportunities to take part in competitive sport and games in annual and termly events against the federation as well as other schools. We believe that P.E. should give all of our children, regardless of ability, an enjoyable experience, which they will continue on into their adult lives.

Implementation:

Across the Moorsway Federation we follow the National Curriculum for Physical Education to ensure all children develop competence to excel in a broad range of physical activities, are physically active for sustained periods of time, engage in competitive sports and activities and lead healthy, active lives. PE is timetabled twice a week throughout the Federation, but also integrated where possible into other curriculum areas. We celebrate the children's interest and achievements through assemblies/Collective Worships, displays and newsletters. Our sports council meets twice a term to talk about how we can make improvement within our schools.

The schools have inclusive teams who play in local and federation competitions. We pride ourselves on team spirit, especially when cheering on the teams on Sports Day. We also provide children with the opportunity of specialist PE lessons which are delivered through an outside agency. We participate in swimming programmes through swimming passports awarding the children with their achievements. All of the children throughout the federation have access to the swimming programme from Foundation to Year 6. Taking part in swimming lessons throughout the year is free of charge to Parents/Carers. PE is a vital part of the curriculum and promotes a healthy lifestyle for all of our children encouraging them to be alert and active.
Weekly forest school sessions are in addition to our PE curriculum allowing a different aspect, opportunity for learning different skills and for pupil to become physically confident outside of traditional sports.

Impact:

Physical Education is taught as a basis for lifelong learning, where the children have access to a wide range of activities in the belief that if it is taught well and the children are allowed to succeed, and continue to have a physically active life through to adulthood. A high-quality Physical Education curriculum inspires all children to succeed and excel in competitive sport and other physically demanding activities. We provide opportunities for children to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport, build character and help to embed values such as resilience and respect. The P.E curriculum is constantly being reviewed and adapted to meet the ever changing needs of the pupils. P.E provides children with social skills, such as turn taking, working with a partner, sharing and small team games, which will help children develop in the social aspect of their wider life. Intervention is provided for certain children to focus on social skills or skill based activities to further their understanding and provide them with extra opportunities to develop these skills. Activities are adapted and scaffolding is provided for children who need it, either through equipment, adult or peer support.

Physical Education in EYFS:

Physical Education is vital in children's all-round development, enabling them to pursue happy, healthy and active lives. Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a child's strength, co-ordination and positional awareness. At the point of starting school, the child will focus on their balance and different ways of movement: running, skipping, jumping as well as throwing, catching and kicking large balls and the lead up to being able to hold tools correctly. Gross and fine motor experiences develop incrementally throughout early childhood. We continue to develop their fine and gross motor skills daily following the 'Funfit programme' as well as targeting our continuous provision both indoors and outdoors where adults can support children to develop their core strength, stability, balance, spatial awareness, coordination and agility. Gross motor skills provide the foundation for developing healthy bodies and social and emotional wellbeing. Fine motor control and precision helps with hand-eye coordination which is directly linked to their writing development. We will promote the love for physical activity hoping that this will continue into adult life.